

## February 2023 Tech Masters workout schedule -updated Feb. 16

Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday January 30	6	4	4
Tuesday January 31	5	none	4
Wednesday February 1	6	4	4
Thursday February 2	5	none	4
Friday February 3	5	none	4
Saturday February 4	none		
Sun February 5	5 lanes for the 10:00 AM to 11:15 AM workout		
Monday February 6	6	4	4
Tuesday February 7	5	none	4
Wednesday February 8	6	4	4
Thursday February 9	5	none	4
Friday February 10	6	4	4
Saturday February 11	none		
Sun February 12	5 lanes for the 10:00 AM to 11:15 AM workout		

Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday February 13	6	4	4
Tuesday February 14	5	none	4
Wednesday February 15	6	4	4
Thursday February 16	5	none	4
Friday February 17	6	4	4
Saturday February 18	none		
Sun February 19	workout cancelled due to swim meet		
Monday February 20	no workout due to MIT holiday		
Tuesday February 21	5	4	4
Wednesday February 22	6	4	4
Thursday February 23	5	none	4
Friday February 24	6	4	4
Saturday February 25	none		
Sun February 26	5 lanes for the 10:00 AM to 11:15 AM workout		
Monday February 27	6	4	4
Tuesday February 28	5	none	4

### Changes to normal Workout Schedule

2/3 (Friday) - The AM workout has been added back. Varsity swim workout has changed their time.

2/19 (Sunday) - No workouts due to swim meet

2/20 (Monday) - No workouts due to MIT holiday - there is an extra Tuesday noon pm (21) workout