

### March 2023 Tech Masters workout schedule

Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday February 27	6	4	4
Tuesday February 28	5	none	4
Wednesday March 1	6	4	4
Thursday March 2	5	none	4
Friday March 3	6	4	4
Saturday March 4	No workout		
Sun March 5	5 lanes for the 10:00 AM to 11:15 AM workout		
Monday March 6	6	4	4
Tuesday March 7	5	none	4
Wednesday March 8	6	4	4
Thursday March 9	5	none	4
Friday March 10	6	4	4
Saturday March 11	No workout		
Sun March 12	No workout due to varsity swim workout		

Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday March 13	6	4	4
Tuesday March 14	5	none	4
Wednesday March 15	6	4	4
Thursday March 16	5	none	4
Friday March 17	6	4	4
Saturday March 18	No workout		
Sun March 19	5 lanes for the 10:00 AM to 11:15 AM workout		
Monday March 20	6	4	4
Tuesday March 21	5	none	4
Wednesday March 22	6	4	4
Thursday March 23	5	none	4
Friday March 24	6	4	4
Saturday March 25	No workout		
Sun March 26	No workout due to swim meet		
Monday March 27	6	4	4
Tuesday March 28	5	none	4
Wednesday March 29	6	4	4
Thursday March 30	5	none	4
Friday March 31	6	4	4

#### Changes to normal Workout Schedule

3/12 (Sunday) - No Sunday workout due to varsity swim workout

3/26(Sunday) - No workouts due to swim meet