

Tech Masters Swimming Workout Schedule, October 2023

Date	6:15a-7:30a	12p-1:15p	7:15 p-8:30p
Monday October 3	6 lanes	4 lanes	4 lanes
Tuesday October 4th	6 lanes	none	4 lanes
Wednesday October 5th	6 lanes	4 lanes	4 lanes
Thursday October 6th	6 lanes	none	4 lanes
Friday October 7th	6 lanes	4 lanes	4 lanes
Saturday October 8th	No scheduled workouts on Saturdays		
Sun. October 9th	No workouts scheduled - Water Polo Match		
Monday October 10th	No workouts scheduled due to MIT holiday		
Tuesday October 11th	6 lanes	4 lanes	4 lanes
Wednesday October 12th	6 lanes	4 lanes	4 lanes
Thursday October 13th	6 lanes	none	4 lanes
Friday October 14th	6 lanes	4 lanes	4 lanes
Saturday October 15th	No scheduled workouts on Saturdays		
Sun. October 16th	4 lanes for the 10:00 AM to 11:15 am workout - due to indoor triathlon		

Date	6:15a-7:30a	12p-1:15p	7:15 p-8:30p
Monday October 17th	6 lanes	4 lanes	4 lanes
Tuesday October 18th	6 lanes	none	4 lanes
Wednesday October 19th	6 lanes	4 lanes	4 lanes
Thursday October 20	6 lanes	none	4 lanes
Friday October 21	6 lanes	4 lanes	4 lanes
Saturday October 22	No scheduled workouts on Saturdays		
Sun. October 23	5 lanes for the 10:00 AM to 11:15 am workout		
Monday October 24th	6 lanes	4 lanes	4 lanes
Tuesday October 25th	6 lanes	none	4 lanes
Wednesday October 26th	6 lanes	4 lanes	4 lanes
Thursday October 27th	6 lanes	none	4 lanes
Friday October 28th	6 lanes	4 lanes	4 lanes
Saturday October 29	No scheduled workouts on Saturdays		
Sun. October 30	5 lanes for the 10:00 AM to 11:15 am workout		

NOTES:

1. There is a Water Polo Match on Sunday October 9th, so there is no Sunday workouts on that day
2. Friday night workouts come back on Friday October 7th

3. There are no workouts on Monday October 10th due to MIT holiday, but an extra Tuesday 1 to 2:15 pm workout on the 11th has been added
4. There is an Indoor Triathlon on Sunday October 16th - so we only have 4 lanes for the workout instead of 5